

Cowboy Up...

Song	Cowboy Up	3.43	Artist	Jill Johnson	Album	The Woman Ive Become
Choreographer	Tim Gauci, BROKEN HILL NSW 0407 242 087 scld@ozemail.com.au					
Description	2 Wall, 48 Beat, Intermediate Line dance, begin after 16 beats, dance is fast and furious http://www.youtube.com/watch?v=51GKsEPt5iQ				Date	April 2007

BEATS STEP DESCRIPTION

ROCKING CHAIR, SCUFF, SCOOT, STEP, TWIST R, L, BACK, ROCK, STEP, ¼ Turn, STEP

1&2&3&4 Step R fwd, replace weight onto L, step R back, replace weight onto L, scuff R heel fwd, scoot L fwd hitching R, step R fwd

5&6&7&8 Twist heels to R making ¼ turn L, twist heels to L making ¼ turn R, step R back, replace weight onto L, step R fwd, pivot ¾ to L, step R to R

BEHIND, SIDE, ACROSS, SIDE, HEEL, TOG, CROSS, SIDE, BACK, ROCK, ¼, ½, STEP

1&2&3&4& Step L behind R, step R to R, step L over R, step R to R, touch L heel at L 45, step L tog, step R over L, step L to L

5,6,7&8 Step R back, replace weight onto L, step R back making ¼ turn L, step L fwd making ½ turn L, step R fwd

FWD MAMBO, COASTER CROSS, POINT, TOG, POINT, ½ TURN, SIDE, ROCK, CROSS

1&2,3&4 Step L fwd, replace weight onto R, step L back, step R back, step L tog, cross R over L

5&6&7&8 Touch L toe to L, step L tog, touch R toe to R, making ½ turn R step R tog (weight on R), step L to L, replace weight onto R, cross L over R

SIDE, TOG, SIDE, L SAILOR STEP, CROSS, SIDE, BEHIND, ¼ TURN, STEP, PIVOT ½

1&2,3&4 Step R to R, step L tog, step R to R, step L behind R, step R to R, step L to L

5&6&7,8 Step R over L, step L to L, step R behind L, making ¼ turn L step L fwd, step R fwd, pivot ½ L

CROSS, ROCK, SIDE, CROSS, ROCK, SIDE, HIPS R,L,R, ¼ TURN COASTER STEP

1&2,3&4 Step R over L, replace weight onto L, step R to R, step L over R, replace weight onto R, step L to L

5&6,7&8 Bump hips, R,L,R, step L back making ¼ turn L, step R tog, step L fwd

STEP, PIVOT ½, COASTER STEP, HEEL, TOG, HEEL, HOOK, STEP, LOCK, STEP

1,2,3&4 Step R fwd, pivot turn ½ to L (weight remaining on R), step L back, step R tog, step L fwd

5&6&7&8 Touch R heel at R 45, step R tog, touch L heel at L 45, hook L across R shin, step L fwd, lock R behind L, step L fwd

48 BEATS REPEAT DANCE IN NEW DIRECTION

Tag on end of 6th wall, add the following facing the front

1&2,3&4 Step R fwd, replace weight onto L, step R back, step L back, step R over L, step L back

1&2,3&4 Step R back, step L tog, Step R fwd, step L fwd, lock R behind L, step L fwd