

Best Years

Song	Best Years Of Our Lives	Artist	Baha Men	Album	SHREK Soundtrack or Single
Choreographer	Tim Gauci, BROKEN HILL NSW 0407 242 087 scld@ozemail.com.au				
Description	32 count, 4 wall easy intermediate line dance. Original Position: Feet together weight on L. Start on lyrics, 32 beat intro.			Date	July 2001

BEATS

STEP DESCRIPTION

SAMBA CROSS R, SAMBA CROSS L, 1/4 TURN COASTER STEP, 1/2 TURN PIVOT

- 1&2,3&4 Step R across L, step L to L, step weight on R, step L across R, step R to R, step weight on L
- 5&6,7,8 Turning 1/4 to R step R foot back, step L foot back, step R fwd, step L fwd, pivot 1/2 to R (weight on R)

SYNCOPATED WEAVE L, SAILOR STEP R, L BEHIND R, TURN 1/4

- 9,10&11,12 Step L to L, step R behind L, step L to L (quick step), step R across L, step L to L
- 13&14,15,16 (sailor step R) Step R behind L, step L to L, step weight on R, step L behind R, step R fwd turning 1/4 R

1/2 TURN PIVOT R, RUN FWD LRL, 1/2 TURN PIVOT L, RUN FWD L-R-L

- 17,18,19&20 Step L fwd, pivot turn 1/2 R, run fwd L-R-L
- 21,22,23&24 Step R fwd, pivot turn 1/2 L, run fwd R-L-R

L ROCK, 3/4 TURN CHA CHA L, FWD MAMBO R, L COASTER STEP

- 25,26,27&28 Step L fwd, rock weight back on L, stepping L-R-L make a 3/4 turn to L (on spot)
- 29&30,31&32 Step fwd on R, step weight on L, step R back (weight on R), step L back, step R back, step L fwd.

RESTART IN NEW DIRECTION

Hope you enjoy this easy intermediate dance to this fantastic song by the Baha Men, there's no tags, or restarts, just a lot of attitude and have fun. Email me with your comments at scld@ozemail.com.au