

Motivational Kinesiology Advanced

This two day workshop is designed to put into practise the skills acquired in MK 1-4. Participants have the opportunity to work with their own issues and see the different ways MK can be applied.

New procedures and skills are also covered and all participants have the opportunity to practise any of the skills they are unsure of with an experienced instructor. The two days offer the chance to hone your skills and clear some of our own blocks.

Duration: Two days (14 hrs)

Motivational Kinesiology was founded by Wayne Ellis in 1997. It is a simple to use and highly effective tool for empowering people to achieve their goals and attain a healthy happy lifestyle.

Contact



Motivational Kinesiology



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working with you

Introduction

Motivational Kinesiology is based on the concept of integration to maintain a healthy self-image and lifestyle.

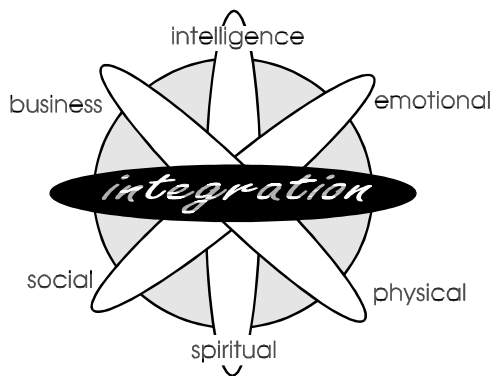
When we suppress or withhold aspects of who we are, we begin to block our true potential and life experience. The more we deny this true self the more we choose a limited life for ourselves.

The skills acquired in our Motivational Kinesiology workshops can benefit you in everyday life or compliment any modality you already or plan to work with. They allow versatility and may be used with or without muscle monitoring.

Powerful but gentle healing concepts are incorporated with muscle monitoring (Kinesiology). Once learned, this information becomes invaluable for its simplicity, speed and effectiveness.

The body is a highly organised and functional intelligence system. Its natural healing response can be stimulated by identifying and releasing any underlying reasons for lack of integration.

Motivational Kinesiology assists integration in all areas of life, allowing positive choice, inspiration, motivation and success for yourself and others.



Course profiles

Level One

This workshop introduces participants to the basic concepts of Kinesiology in a fun, easy-to-use style.

Learn how to effectively monitor a muscle response, improve the assimilation of water, assist oxygen uptake, reduce pain and sensitivities, increase flexibility, defuse emotions and old belief systems.

Find out how to ensure a person really wants to change or improve their situation. The ability to use the advanced Kinesiology skill of scanning is included in this course, thus providing access to a wide range of relevant information.

The correction procedure taught can be incorporated into any modality.

Duration: 7 hours

Level Two

What we perceive is usually based on what we believe consciously or unconsciously.

This workshop provides techniques that assist to identify and clear these blocks, to allow us to fully 'see' our own and other people's true potential, bringing about a better understanding of ourselves and others.

Build on the skills from Level One with age recessing to identify old 'blocks'.

Vision improvement, self-testing, resolving emotional issues, surrogate testing for working with the invalid, children, animals and 'absent healing' is also covered.

Duration: 7 hours

Level Three

Acquire more skills to assist in identifying issues a person may be unaware of or unwilling to acknowledge.

Effective listening and questioning is discussed, with personal and clinical experience shared.

Formatting is included to demonstrate the depth and accuracy that can be accessed with muscle monitoring. Learn brain integration and oxygenation formats, as well as integration procedures for the chakras, organs, glands and meridians.

Self-sabotage environments explain how dysfunctional patterns are created in our lives.

Information for over 900 vibrational remedies is made available and techniques for their use are laid out as an easy-to-follow procedure.

Duration: 7 hours

Level Four

This workshop fine tunes muscle monitoring skills by introducing the concept of the 'energy aspect' and its use, to more effectively monitor what the body is telling us.

Learn simple techniques to increase the flexibility and range of movement of sixteen major muscles, enhancing the energy flow of the entire body.

Skills to increase sensitivity, identify 'jammed' or unco-operative muscles and what to 'feel' for, assists to increase the information available directly from the body.

After this workshop one's intuitive skills will be more integrated into the process.

Duration: 7 hours