

Modules

Module 1: Woman-centred, midwifery care in the antenatal period

This module covers the following topics:

1. Anatomy and physiology applied to pregnancy (also refer to your assignment attended prior to the residential school);
2. Lifestyle issues in pregnancy;
3. Woman-centred midwifery care during pregnancy;
4. Antenatal screening

(Click on the link above)



Module 2: Woman-centred midwifery care during labour and birth

This module covers the following topics:

1. Keeping birth normal
2. Onset of labour
3. Labour and birthing environments
4. First stage rhythms
5. Second stage rhythms
6. Third stage labour
7. Fourth stage: attachment
8. Obstetric and midwifery interventions
9. VBAC and breech
10. Partners at birth
11. Traumatic birth

(Click on the link above)

Module 3: Woman-centred midwifery care during the postnatal /newborn periods including examination of the newborn

This module covers the following topics:

1. Care of the healthy newborn infant
2. Care of the mother during the normal postpartum period

(Click on the link above)



Module 4: Protecting, promoting and supporting human lactation and infant feeding

This module covers the following topics:

1. Working with women and their newborns as they initiate breastfeeding
2. Working with women and their newborns as they establish breastfeeding

(Click on the link above)

Module 5: Transition to early parenthood

This module covers the following topics:

1. Transition to parenthood
2. Emotional health postpartum
3. Contraception and sexuality

(Click on the link above)

Module 6: History of midwifery

This module covers the following topic:

1. History of midwifery

(Click on the link above)

