

Module 1: Woman-centred, midwifery care in the antenatal period

Introduction



Learning outcomes

On completion of this module and your midwifery practice subject, you should be able to:

- Demonstrate knowledge of the anatomical, physiological, emotional, social and relationship changes that occur during pregnancy;
- Apply theoretical understanding to woman-led midwifery assessment and practice during normal pregnancy, including antenatal screening investigations and associated counselling, referring, requesting and interpreting results of relevant laboratory tests;
- Actively support midwifery as a public health strategy;
- Utilise your knowledge of the normal to recognise any deviations from the normal during pregnancy;
- Advocate for the primacy of choice and control for the woman.



Video:

Watch this topic introduction video.





The following recommended texts will be required for this module:

MacDonald, S., & Magill-Cuerden, J. (2011). *Mayes' Midwifery*. London: Bailliere Tindall.

Pairman, S., Pincombe, J., Thorogood, C., & Tracy, S. (Eds.). (2015). *Midwifery: Preparation for practice* (3rd ed.). Marrickville, NSW: Churchill Livingstone/Elsevier.



Discussion Board

Use the Topic Discussion Board to discuss your thoughts and questions relating to this topic. You may also like to share current issues found in the media or an experience you have had in your midwifery practice. If sharing experiences from the clinical world, please be mindful of confidentiality.

Topic 1: Anatomy and physiology applied to pregnancy



To access readings and activities relating to anatomy and physiology applied to pregnancy (click on the link above)



Topic 2: Lifestyle issues during pregnancy



To access readings and activities relating to lifestyle issues during pregnancy (click on the link above)

Topic 3: Woman-centred midwifery care during pregnancy



To access readings and activities relating to woman-centred midwifery care during pregnancy (click on the link above)

Topic 4: Antenatal screening



To access readings and activities relating to antenatal screening (click on the link above)

Summary

This module has provided a very brief glimpse on the concept of woman-centred midwifery care during pregnancy. It is not possible to provide an in-depth investigation of all midwifery antenatal care. This midwifery course is enquiry based and learning is focused on the partnership you have with the women who you support, for example those in your continuity of care program. For example, there are many changes that occur in the woman's body during pregnancy and these can lead to symptoms that can be quite difficult for the woman to deal with. Midwifery care and advice is important during pregnancy so that the woman can best manage her pregnancy and have a healthy outcome.